

NYCRUNS Big Apple 5K | New York, NY

Measured by Matthew Slocum (WA-B) + James Gusmer
 24 October 2023 | precisioncoursedesign@gmail.com



NYCRUNS
 WIN YOUR RACE

Mile 1: [40.774537, -73.974151](#) On 72nd, just E of West Dr. 17' past (E of) LP W7204. | **Mile 2:** [40.781671, -73.962097](#) On East Dr, 6'1" after (N of) LP E8502 | **Mile 3:** [40.793948, -73.954977](#) On East Dr, 33'1" before (S of) LP E0304.

Course Restrictions (must be delineated):

On West Dr, runners are restricted to the inside (left) rec lane plus the full center lane.

On East Dr, runners are restricted to the inside 1.5 lanes (rec lane plus half of the center lane).



WA & AIMS Certified
 USA-2023-324
 Certification Expires Dec 31/2028



USATF Certificate
 NY23088DNB
 Effective: 11/06/2023
 Through: 12/31/2033

This course is run entirely within Central Park. Runners start by heading S on West Dr, then turn L on 72nd St, L on East Dr, and L on the 102nd St Transverse to the Finish.

Except as noted in the Course Restrictions, this course was measured using the full width of the road and the shortest possible route.



START: [40.786733, -73.967432](#)

On West Dr, between W 88th + W 89th St. 15'4" N of the S edge of the storm drain on the left (E) side of the road. 25 feet N of the S edge of L.P. #W8802 (also on the L (E) side of the road).

FINISH: [40.794137, -73.956406](#)

On the 102nd St Transverse, directly even with the leading (E) edge of Light Pole (L.P.) #C0209 on the right (N) side of the road. Said L.P. is 51'3" before (E of) the black fire hydrant (also on the right (N) side of the road).

